

i-INSERT

Insertion aid for
scleral lenses



appenzeller
kontaktlinsen[®]
passt.

Instruction
for the insertion aid
i-INSERT for scleral lenses

→ **Wash your hands**

Wash your hands thoroughly with water and soap. Do not use moisturizing soaps.

→ **Clean i-insert**

Clean the i-INSERT with water if it has become dusty. Place the i-INSERT on a table so that you can easily reach it with your eye.

→ **Clean the lens and put it on**

Clean your scleral lenses according to the manufacturer's instructions or those of your con-

tact lens specialist. Place your scleral lens in the center of the i-INSERT holder with the back facing up. Fill your scleral lens with a suitable saline solution.

→ **Press eye gently onto lens**

Pull your eyelids apart with your fingers apart and position your open eye over the eye over the i-INSERT. The built-in light helps you to find the correct position. Gently push your eye into the scleral lens until it sticks in your eye.

→ **Important note**

This process can require a certain amount of practice and overcoming. If it does not work straight away, refill your contact, and keep trying. Your contact lens specialist will be happy to help you if you have problems during the application of your lenses.

